



Ohio Society of Radiologic Technologists

January/February 2014

Albrecht's Account

Volume 40 Issue 5

Happy New Year! I hope all of you had a wonderful, healthy, and happy holiday season. Now that the holidays are almost over, we can focus on our New Year's resolutions. Maybe your resolutions include finding a way to interact more with your professional peers or building on your experiences in your professional society. A great way to do that is to apply for the OSRT Board of Directors or perhaps you would like to run for president-elect. Now is the time to let our nominations committee chairpersons know that you are interested in joining us on the board. Review the requirements and submit your application online at www.osrt.org before January 15th and you could be joining us at the annual meeting in April in Cincinnati. If you have questions about the requirements or what to expect as a board member or president-elect you may contact our nominations chairpersons Beth McCarthy at Beth.McCarthy@osumc.edu or also chairperson, Rhonda Strunk at Rhonda.Strunk@cchmc.org. You may also contact me directly at galbrech@ccf.org. Personally I have experience as a director, chairperson, committee member, president-elect, and president and I'd be more than happy to talk to anyone interested in becoming more involved!

This last year has been a very busy one for the OSRT; we've revised our bylaws, reorganized our board

structure, developed a volunteer handbook, and are in the process of developing a new strategic plan. Our Health Policy committee has also been working hard to educate our state representatives in the importance of the CARE and MARCA bills. Our web editors have been very busy developing and designing a new and exciting website that will be very user friendly. These are just some examples of the progress we have made over the last year.

Plans for the 2014 Annual Meeting are also being finalized and we have a lot to offer our members at the meeting. There will be many exciting educational topics and a lot of fun times over the weekend. Please consider joining us in Cincinnati in April. And speaking of the annual meeting here are some deadlines for competitions and grants that the OSRT awards at the annual meeting:

Technologist of the Year Award – deadline for application is January 15th.

OSRT Education and Research Foundation Grants & Competitions:

Educational Grants for students and imaging professionals – application deadline is February 1st.

Poster Competition for students and imaging professionals - application deadline is February 1st.

Essay Competition for students and imaging professionals - application

deadline is February 1st.

Please visit the OSRT website for specific requirements and guidelines at www.osrt.org

And finally, as we start a new year I think this is the perfect opportunity to look back on your accomplishments and make new goals. Take the time to think about what you would like to happen in your life this year. What decisions will you make to enhance your home life, your career, and/or your professional life? You hold these possibilities in your heart and soul and you have the power to make them a reality. Write them down, make your own "bucket list" and then step into the future. Oprah Winfrey once said about the New Year:

"Year's end is neither an end nor a beginning but a going on, with all of the wisdom that experience can instill in us. Cheers to a new year and another chance for us to get it right".

So, cheers to all of my friends and colleagues as we go on with our life in 2014 and are presented with opportunities to enhance our personal professional lives.

Again Happy New Year to all my fellow technologists and students!

Gloria Albrecht, OSRT President

Tech Talk by Lizzy Hemme, BRST, RT (R) (CT)

What is your name, job title and educational background? Rhonda Strunk, BRST, R.T.(R)(CT). I graduated from Mercy School of Radiology in 1983. I completed the University of Cincinnati's Bachelor's degree in Radiation Science Technology in 2013. I am registered with in the ARRT in Radiology and CT.

How would you describe the institution in which you work to someone who is visiting for the first time? I work at Cincinnati Children's Hospital Medical Center (CCHMC), which is one of the top Children's Hospitals in the United States. It is a Medical academic center associated with The University of Cincinnati Medical College.

What does your job entail? I am the lead technologist in the post-processing department in radiology. Our department post-processes and analyzes data sets from the advanced imaging modalities such as CT and MR.

Why did this type of work interest you? I believed that post-processing and image analysis was on the forefront of advanced imaging, and I wanted to be a part of that. Many new advanced imaging techniques require post-processing and I feel this keeps me up-to-date with the new and developing technologies.

How did you get your present job and what kind of experience and preparation helped you the most? CCHMC was looking for a technologist to develop a post-processing department at their hospital and since I had started the post-processing department at University of Cincinnati Medical Center, they thought I would be a good candidate. My seven years of experience in post-processing, in addition to my years working as a CT technologist and a CT application specialist made me a fit for the position.

Could you describe one of your typical workdays for me? There are not any typical days. The only thing typical about my day is the hours and location. I generally work between 40-45 hours/week.

What do you think the most important skills and abilities are for this position? The most important knowledge base for this position is to know anatomy and normal anatomic variants as seen in cross section imaging, in all planes, in addition to the physiologic aspect of anatomy.

What do find most enjoyable or rewarding? Working at Children's Hospital, I find it rewarding to know that I am working to improve the outcome now and in the future for all children.

Describe a satisfying or meaningful experience that you have had during your career. I recently went to the ARRT headquarters in Minneapolis as a member of the CT Examination Committee task force which was very exciting. I feel that I am contributing to the advancement of our field. Also, an experience that I will always remember is when I was involved in the CT imaging of an Egyptian Mummy- Umi. The Mummy with the CT and post-processed images are on permanent display at The Cincinnati Museum of Natural History along with a nine minute video regarding the experience. The video can be seen on You Tube: http://www.youtube.com/watch?v=TEuevM_uhs

What changes do you see occurring in this field (your specialty specifically) during the next few years? I see advanced imaging being used to look at specific chemical or molecular characterizations of tissues to aid in making the diagnosis sooner than by imaging alone.

Where would you like to see yourself in five years? I see myself still working at Children's Hospital. The people in our department are wonderful to work with, and our radiology department is always utilizing the newest advances in imaging.

What suggestions do you have for an individual wishing to enter this field? The first suggestion would be to finish school with their Bachelor's in the radiation field. (Many hospitals are requiring that RN's have their BS degree, so I believe that radiology is not far behind.) From there, a person has so many options in radiology such as ultrasound, nuclear medicine, CT, MR and radiation therapy. They can work in a hospital, clinic, or doctor's office. With experience, they can go into teaching or working for medical companies as an applications specialist. - Sky's the limit!

If you could start all over again, would you change your career path in any way? I love working in Radiology and would not change anything that I have done in the last 30 years. The only change I would have contemplated is to be a radiologist rather than a technologist.

Why did you join the OSRT? Honestly, I joined the OSRT years ago because my manager was very involved in the Society and thought it would be a wonderful experience to be able to network with colleagues through the state and to open doors to volunteering in the national society (ASRT).

What have you done for the OSRT? Since joining the OSRT, I have worked and co-chaired several different committees. I am currently in my second year as a director on the OSRT board.

What do you think professional organizations do for the profession? Professional organizations help advance technologists in the radiology profession to higher standards via being an advocate in legislative matters, setting educational standards and continuing education.

What kinds of hobbies and activities do you enjoy in your spare time? *My husband and I enjoy RV'ing with our dog Sophie. During our camping trips we enjoy hiking, biking, and catching up on our reading. We have four children and two grandchildren who keep us busy the rest of the time.*





Meet the Board

Emilee Palmer, B.S.R.T., (R) (CT)

I was elected to the Ohio Society of Radiologic Technologist Board of Directors in 2013. I currently serve as Health Policy Co-Chairperson as well as the Student Liaison.

My career in Radiology started as a technologist aide in 2001 at Riverside Methodist Hospital. This position encouraged me to apply and study Radiologic Sciences. Throughout my journey as a student, I was fortunate to be the student director for the OSRT. This experience opened my eyes as a radiography student and allowed me to see my chosen profession through the eyes of dedicated individuals, whom became my mentors for myself and my profession. In 2006, I graduated with a Bachelors of Science in Allied Medical Professions from The Ohio State University. I was hired as a full time technologist in Computed Tomography. During my hospital experience as a technologist, I was fortunate to be involved on the Safety Committee, leading the Radiology safety coaches, as well as the CT Innovation team of Ohio Health. In 2011, I took on the role of the CT Educator and helped educate new technologists as well as educate ongoing changes to protocols. Throughout these years, I also continued to remain active within the OSRT serving on numerous committees and taskforces including Continuing Education, Editorial Review Board, CT Mock Registry, Annual Meeting, Health Policy, Student Liaison, and serving as the Ohio Affiliate Delegate for the ASRT. I've also had the opportunity of teaching experiences as a CT/X-Ray clinical instructor for local radiography programs.

In 2011, I was offered a position as a CT/X-Ray technologist at the Westerville Medical Campus. This position has brought out the most fulfillments of my career. I am honored to work for as a Radiologic Technologist and happy to have the patient interactions that I have been blessed with here. I am very proud to say that I love what I do. I continue to be involved at the state and national level with my career, as I am currently serving on the OSRT Board of Directors and as the ASRT CT Chapter Delegate. I must say there have been many technologists and educators along this journey in my radiology career that has led me to where I am today. Thank you for allowing me to see I can make my job a career and most importantly one I love!

NW Ohio Celebrates NRTW



The Professional Recognition Committee of Northwest Ohio held their third annual event to recognize excellence in Medical Imaging and Radiation Therapy on November 4, 2013 at Owens Community College. It was made possible with support from area radiology groups, vendors of radiologic equipment and the Owens Community College Alumni Association. There was a social hour with refreshments and live entertainment by Bullfrog Underground. Over 100 medical imaging professionals from the region attended the event.

The keynote speaker was Dr. Debra Achinger, a diagnostic and interventional radiologist with Toledo Radiological Associates. Her address was focused on the virtues of integrity, teamwork, care and respect for our patients, and finding joy and satisfaction in our service to community.

The following were the award recipients in the noted categories (L to R in the photo above):

Rising Star Award: **Stephanie Gunderman, B.A., R.T. (R)**

Leadership Award: **Joan Kirch, R.T (R)**

Clinical Excellence Award: **Janet Rymers, R.T. (R), (M)**

Lifetime Achievement Award: **James Johnson, M.S., R.T. (R), (N)**

Physician in Medical Imaging and Radiation Therapy Award:

Murray A. Howe, M.D

Educator Award: **Joan Berger, B.S., R.T. (R), (M)**

Every day we see our colleagues demonstrate excellence in our profession through knowledge, talent, and a caring attitude. The N.W. Ohio Imaging and Therapy Professionals Awards are a means to personally acknowledge those who excel in all areas of Radiologic Technology (Diagnostic, CT, MRI, Interventional, Cardiac Catheterization, Mammography, Nuclear Medicine, and Radiation Therapy). This event is always held during National Radiologic Technology Week to appreciate the significant and indispensable contributions we make to health care.



Ohio Society of Radiologic Technologists



2014 Annual Meeting

You are cordially invited to the 74th Annual Meeting of the Ohio Society of Radiologic Technologists to be held April 9 - 13, 2014. Mark your calendars now! The meeting will be held in Cincinnati at the Holiday Inn Eastgate. Check back for details as meeting planners are now working hard to assemble a superior educational program and related social events



OSRT VISION

OSRT will promote the excellence of professionals in medical imaging and radiologic science.

OSRT MISSION

Advocate for medical imaging and radiologic science professionals by advancing professional practice and educational standards, and providing leadership in health policy.

OSRT Toll-free Phone Number
1-866-405-OSRT (6778)
OSRT Website
www.osrt.org



This & That



Foundation Corner

Just a reminder that all deadlines for grants and competitions are **February 1st**.

We would also like to invite you to donate to the Foundation and encourage students and technologists to participate in these scholarly competitions. The more money we raise, the more we can afford to give! The Foundation is overseen by all volunteers, so all monies go directly to support the Foundation.

Thank you again for your continued support!

Jackie Turk

OSRTERF Chairperson

**Happy New Year from
the
OSRT Board
of
Directors
and the
OSRT Education
&
Research
Foundation!**

A Note from the Editor

Submissions for the newsletter may be sent to me directly at

llarnold@seormc.org

Please keep in mind that articles presented are the solely the thoughts of the author and not necessarily the OSRT.

Leisa Arnold,, Cardinal Ray's Editor

