

CARDINAL RAYS

Newsletter of the Ohio Society of Radiologic Technologists

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KRIS' K-SPACE

Happy Fall, Y'all!

Can you believe it's September already? Where did summer go? It seemed like we were celebrating Memorial Day; we blinked; it was July 4, and now it's time for back-to-school. Students and educators are settling into the new school year, and parents are trying to get their children back into the groove.

Even if you're not enrolled in a formal education program, as radiologic science professionals, we need to commit to being lifelong learners. I mentioned this in my last column, but technology and medical practices are changing more rapidly than ever, and keeping up is important for quality patient care. Think about where you were and what you knew just 5 years ago. The change you'll experience in the next 5 years will be even more dramatic. The OSRT has emphasized continuing education in our new strategic plan. We're demonstrating this commitment by setting a goal to increase the number of attendees for our in-person and virtual CE offerings. We'll also offer two virtual CE opportunities – one in January and one in June, so keep an eye out for information.

One of the best ways to stay current with current practice is to volunteer in our profession. The nomination period for the next #ASRTElection is open! If you've ever considered representing your modality nationally or joining the ASRT Board of Directors, now is your chance! Check out the [election criteria here](#), and let us know if you have any questions. Too shy to nominate yourself? No problem! Let us know, and the Nomination Committee will take care of you.

Students and educators! Applications are open for the [ASRT Student to Leadership Development Program](#). The ASRT SLDP is a three-year program that offers students a chance to get to know the ASRT, attend educational sessions, and network with medical imaging and radiation therapy professionals.

Be sure to check out the rest of this issue of Cardinal Rays. Inside, you'll find Eliane's ASRT SLDP experience, Parker Bishop's Student Spot, info on the OSRTERF, info on our new Student and Educator Symposium, what we've got planned for National Radiologic Technology Week - November 5-11, and more!

Speaking of lifelong learning, I've been busy wrapping up the final research project for my master's degree. When you're reading this, I'll be in my FINAL semester! Not that I'm counting down the days or anything, but December 16 cannot get here fast enough



Thank you for reading and your involvement in the OSRT. We are grateful for our members and so glad you're here!

Take care,

Kris



Kristin Seitz
OSRT PRESIDENT





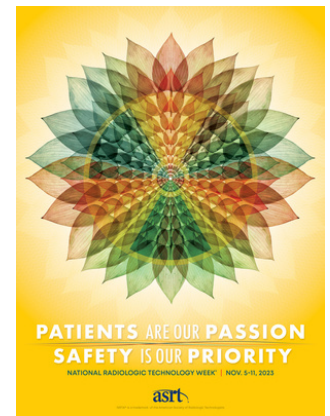
Remembering Christine

On July 20th, the OSRT lost a dear friend, Christine Gialousis. Christine was a caring educator, teaching at the Cleveland Clinic, Kent State University, and Mercy Hospital. Her smile always lit up the room, and she always spoke kindly.

Christine was an OSRT asset, serving on the Board of Directors, Leadership Academy, Quiz Bowl Committee, and many others. If you were at any of the Annual Meetings, you would have seen Christine smiling, making sure the A/V was working, and taking pictures of everyone with her iPad. She had an amazingly kind heart, and her students always came first!

Christine will be greatly missed.

National Radiologic Technology Week November 5-11



National Radiologic Technology Week is coming, and the Social Media Committee is getting ready! Keep an eye out for the OSRT's celebration on Facebook. We'll have daily contests Monday through Friday with *PRIZES*!!

To be eligible for prizes, you must be an OSRT member, like/follow the OSRT on Facebook, and reply to our daily post. We will draw a winner from all eligible replies each day. Not an OSRT member? Join now at <https://www.osrt.org/memberships#membership>

It's never too early to start thinking about your winning posts! Here's what you can expect:



Memory Monday

What is your favorite or most embarrassing memory from your career or time as a student?



Thoughtful Tuesday

Post a thoughtful tip for students and new technologists.



Wonderful Wednesday

What is one thing that you can't live without on the job or at school?



Selfie Thursday

Post a selfie with your classmates or work team.



Fun Fact Friday

What is a fun fact about your (or your future) modality?

How are you celebrating?

Tell us how your department or program is celebrating NRTW and be featured in Cardinal Rays! Send info and pictures to osrt@osrt.org



Student Spot!

Student Cardinal Rays



“Hey everyone! I hope all is going well! I can’t believe that summer is already coming to an end. I’d be lying if I said I wasn’t excited about fall! This past summer was a very good learning experience as we were able to start going to the OR, doing some exams under indirect supervision, and learning more and more about the field of radiography. I’m sure that over this next year, we will all grow in many different ways as future technologists! Welcome to the field for those of you who are incoming first years, and I’m sure you will do great! One of the main attractions to this specific career that attracted me is that there are so many different career paths, along with being able to help patients to get a diagnosis.

For the first years just starting, it is very important to inform you of some of the many benefits of being an OSRT member! The OSRT gives us, as students, many different perks and resources. Every other month you will receive a copy of the Cardinal Rays newsletter in your email, a chance to win an educational grant, discounted rates to OSRT events, and CE credits after graduation. Not only will being a member be beneficial during school but also after graduation. Additionally, the OSRT allows many opportunities to network with other professionals around the state!

One of those opportunities is the 2024 Student and Educator Symposium. This will be held at the Hilton Columbus/Polaris, April 10-12. I encourage you to attend as it will allow for many networking and learning opportunities. If you have any questions, I encourage you to reach out to any of the board members, myself included! I hope you all have an amazing start to this school year!

Respectively,

PARKER

Parker Bishop
Student Director
student@osrt.org



Student Spot!

Student Cardinal Rays



**Deadline to apply:
Nov. 10, 2023**

Eliane's ASRT Experience



**Eliane with ASRT Board
President Daniel L.
Gonzales**

I am Eliane Mukayisenga, and since January 2023, I have been a proud member of the ASRT (American Society of Radiologic Technologists) SLDP (Student to Leadership Development Program). I am writing to inspire students who may be in a situation similar to what I experienced not too long ago. Before joining the ASRT SLDP, my aspirations were limited. I envisioned graduating with an associate degree and becoming a proficient radiologic technologist. While there's nothing wrong with being a regular radiologic technologist, I cherish and enjoy this role, knowing the vital contribution we make to healthcare - I also realized that rad techs deserved leaders who truly understood the essence of their profession. This is where the ASRT SLDP steps in to address this need, and I urge you to take advantage of this incredible opportunity.

The ASRT SLDP is a transformative program designed to shape rad techs into exceptional future leaders. It offers a wealth of experiences, learning opportunities, and valuable connections.

Have you ever thought about having a mentor? Well, the ASRT SLDP provides you with precisely that invaluable resource. Furthermore, have you ever wondered how the standards, rules, and bylaws that you follow are created? Let me tell you, with this program, you can actively participate in shaping those regulations within just one year!



Student Spot!

Student Cardinal Rays



As of now, I haven't explored all the opportunities the ASRT SLDP offers. I am still new to the program and continuously learning. However, I can share some of my experiences so far. Apart from engaging in monthly meetings with my mentor, I attended an exciting and enlightening conference organized by ASRT. This conference is an annual event that brings together numerous members, including seasoned ones.

As an ASRT SLDP member, you get the fantastic opportunity to attend this conference for your first year free of charge. The ASRT handles all the logistics, from providing the airplane ticket and hotel accommodation to covering most of the food expenses during the conference. Let me share a bit about my personal experience attending the conference in Reno, Nevada.

Eliane with members of the Ohio's affiliate and chapter delegates



On the first day, which marked our arrival, I was fortunate to experience a delightful evening. During this time, we were treated to a private leadership programs orientation by the amazing ASRT leaders. The evening started with a delicious dinner, during which the leaders warmly welcomed us and shared insights about the ASRT and its leadership. What impressed me most was their dedication to making personal connections with each of us, as some went from table to table, engaging in short but meaningful conversations to welcome us. This initial encounter set the tone for the rest of the conference.

The second day marked the official commencement of the conference and proved to be a whirlwind of enriching experiences. It was a day filled with valuable learning opportunities and ended with a delightful evening of connecting with fellow SLDP members and professionals from diverse states.



Student Spot!

Student Cardinal Rays



I attended various sessions throughout the day, each offering unique insights. One of the standout sessions was "90 Seconds: Impacting Patients in a Fast-Paced World." It served as a powerful reminder of the significance of my role as a Radiology Technologist and the profound impact I can have on patients' lives. I gained invaluable knowledge on creating value through my work and effectively tackling potential professional challenges.

As the day ended, we enjoyed two fantastic events focused on connections. The first was an exclusive gathering for SLDP members. All students came together to enjoy appetizers while bonding and exchanging experiences from radiology technology programs in different states. It was an excellent opportunity to learn from one another and gain a broader perspective on our field.

The second event, the reception and pin exchange, was truly exceptional. It was a joyous occasion where we had fun giving away our state pins and collecting pins from each state represented. This unique tradition served as a delightful memento of the conference and a symbol of the unity and camaraderie shared among radiologic technologists from all corners of the country.

The conference's third day was as exciting as the previous one. The day's highlight was the inaugural meeting of the House of Delegates, a new experience for me and some of my colleagues. To be honest, I had little knowledge of the House of Delegates' function, but as an SLDP member, half of us were given the privilege to participate in its proceedings.



**Eliane with ASRT President-Elect
Brandon Smith and OSRT Delegate
Shellie Warino**



Student Spot!

Student Cardinal Rays



The fourth day was another fantastic experience, offering many opportunities to experience. The most exciting but nerve-racking session on the agenda was the bylaws' open forum and the Commission Hearing!

On the event's last day, we experienced the election of the motions discussed during the bylaw open forum. During the second house of delegates, in which students had to sit again, all motions discussed were presented to the house to be voted on. The event ended with the Installation of Officers, followed by an excellent Presidential reception.

The ASRT 2023 Educational Symposium and Annual Governance and House of Delegates meeting was memorable, with lots of fun, invaluable learning opportunities, and fantastic networking experiences. I felt inspired by meeting fellow professionals.

If you have the chance to join the ASRT SLDP, I wholeheartedly encourage you to seize it. This program will nurture your potential, broaden your perspective, and pave the way for an extraordinary journey in radiologic technology.



The ASRT Student to Leadership Development Program is a three-year program that offers students a chance to get to know the ASRT, attend educational sessions, and network with medical imaging and radiation therapy professionals.

For eligibility information and to apply, visit the [ASRT SLDP page](#).



WHY RENEW? WHY NOT!?

Did your membership to the OSRT lapse? Maybe life got crazy, and you forgot to renew. It's easy to renew your membership and we would love to have you as a member!

Benefits

- Earn CE credits at OSRT in-person and virtual events,
- Stay informed regarding Ohio and national legislative activity,
- Win an educational grant,
- Participate in the annual scientific Case Study Presentation Competition,
- Access to Cardinal Rays, OSRT's bimonthly newsletter,
- Receive reduced registration fees for OSRT events,
- Earn a 20% discount on OSRT event registration fees offered to active and honorably discharged military members and active-duty spouses.

Options

\$35

1 - year

\$65

2 - year

\$90

3 - year



JOIN NOW



OSRT Student and Educator Symposium

APRIL 10-12, 2024

Hilton Columbus/Polaris

- Presentations Topics include:
- The Power of Positive Communication
 - The Good, Bad, and Ugly of AI for Educators
 - So You Want to be a Program Director?
 - Cultural Competence: An Immigrant's Perspective
 - Navigating a Sterile Field
 - Student Reviews in Safety, Procedures, Patient Care, and Image Production

➤ Student Open Forum

➤ Quiz Bowl Competition

➤ Clinical Case Study Presentations

➤ Ballinger Student Self-Assessment Examination

OSRT Annual Meeting

SEPT. 20-21, 2024

Zane State College

- Presentations Topics include:
- CT and 3D Printing
 - Basic Digital Concepts
 - The Role of Interventional Radiology in Variceal Management
 - Many more topics to come!
 - 14 CE's planned

➤ Annual Business Session

➤ Installation of Officers

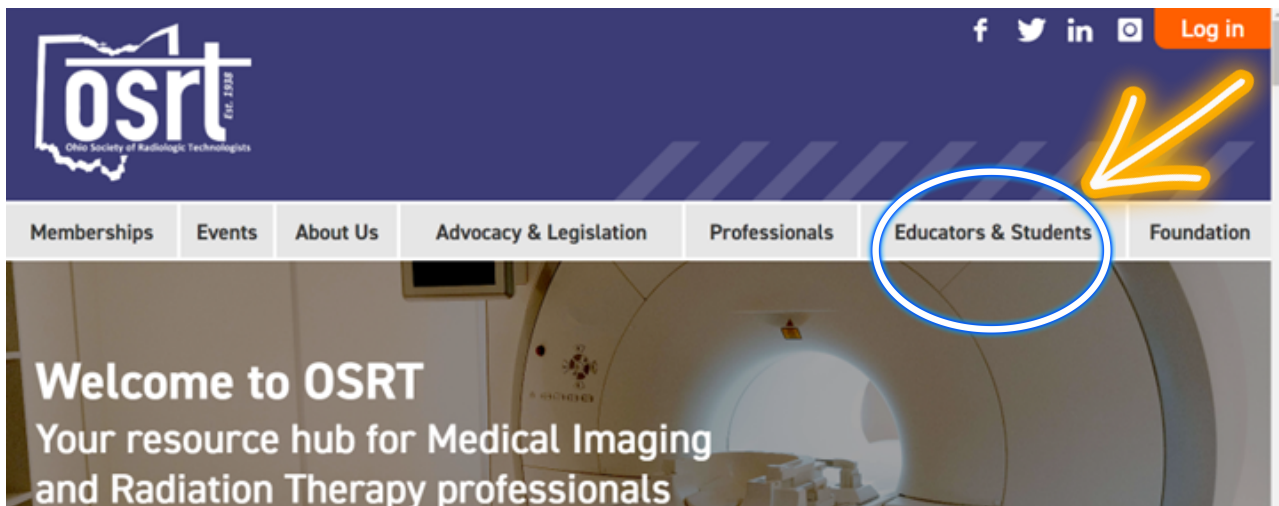
Would you like to share your knowledge? Check out page 14 to find out how! We are still looking for speakers for both events.

ASRT Officer and Chapter Delegates... Nominations Open

Do you know an ASRT member that would enjoy being involved? Maybe that someone is you! Nominations are now open until October 2 for the ASRT Board of Directors and ASRT Chapter Delegates. More information and eligibility requirements can be found on the [ASRT Election Page](#).



What's Where on the New Website?



Attention Students and Educators--check out the Educator and Student tab of the website--new content has been added: <https://www.osrt.org/educators-students#educator-connex>

If you find credible teaching and learning resources to add, please forward to webmaster@osrt.org.



Foundation Corner

The OSRTERF Board of Trustees would to thank all the people who have donated to the Foundation. You are the people, who enable our technologists to further their education and help students become our future technologists.



2022-2023 OSRTERF Donors

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Would you like to be on next year's list? If so, please consider donating to the OSRT Education and Research Foundation. The benefit of contributing to the OSRTERF is to allow medical imaging professionals to excel in clinical, administrative, and educational settings. You can [donate online](#) or send a check to the OSRT Executive Secretary. Gifts may be small or large; we are happy you are willing to help!

BOARD OF DIRECTORS MEETING SCHEDULE

All are welcome to attend the Board of Directors meetings. **They are free to attend, but pre-registration is required.** Please contact the OSRT Executive Secretary for more information or to register.

- **Saturday, September 23, 2023**
In-person at Central Ohio Technical College
Newark, Ohio
- **Saturday, January 20, 2024, via Zoom**
- **Wednesday, April 10, 2024**
In-person at Hilton Columbus-Polaris
- **Saturday, July 27, 2024, via Zoom**

VIRTUAL CE SESSION

The OSRT will be planning on holding a virtual CE session on virtual CE event on Saturday morning, January 13, 2024, with tentatively 3 presentations.

More details to come....



Speakers Wanted

We are accepting presentation proposals, so please consider sharing your expertise with OSRT members and beyond. To submit a proposal, please email the following information to osrt@osrt.org and indicate which meeting (s) you are interested in.

- Name, academic credentials,
- email address,
- the title of the presentation,
- presentation description, and
- 3-5 learning outcomes.

VIRTUAL SESSIONS

The OSRT virtual sessions are held via zoom and consist of pre-recorded presentations. If you are new to presenting, this is a great starting point!



STUDENT AND EDUCATOR SYMPOSIUM

Topics to include student reviews for Image Production, Safety, Patient Care, and Procedures. educator topics like AI policies, writing exam questions, and advising for student success; general topics such as pathology, effective communication, and advocacy.



ANNUAL MEETING

General topics such as professional ethics, conflict resolution, health literacy, work-home life balance, patient care, and advocacy.



GET SOCIAL!

Click on the icons for the OSRT social media pages



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OSRT VISION

To promote clinical excellence
in radiologic technology

OSRT MISSION

We advocate for radiologic
technologists by advancing
professional practice to
enhance patient care.

From the Editor

Thank you for taking the time to read this issue of Cardinal Rays! I appreciate any feedback that you have about Cardinal Rays. What information would you like to read about? Let me know!

Lauren Huffman

Cardinal Rays Editor



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